

SENIOR SERVICES GUIDE



Athens-Clarke
AND SURROUNDING COUNTIES

Senior Services Guide

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Listings are provided for informational purposes only and are not paid endorsements.

Listings are not intended to represent all available providers.

Where to Start

A simple way to move forward

Most people don't need a full plan right away. They just need a **clear first step**.

Start with what feels closest to your situation:

Staying in your home (for now)

- Focus on small changes that improve safety and comfort
- Explore part-time in-home support if needed
- Consider simple technology that makes daily life easier

What this means:

You don't have to move to improve how your home works for you.

Beginning to think about a move

- Compare staying vs. moving in practical terms
- Learn what different housing options are really like
- Start understanding timing and costs

What this means:

Thinking about a move gives you clarity—it doesn't force a decision.

Helping a parent or family member

- Start with what matters most to them
- Identify where support is needed (or coming soon)
- Look at options together, without pressure

What this means:

You don't need all the answers—you just need to begin the conversation.

When something has already changed

- Focus on immediate safety and support first
- Lean on trusted professionals for guidance
- Take one step at a time

What this means:

You don't have to solve everything at once.

A simple next step

If you're unsure where to begin, the **Senior Services Guide** is organized by need and stage—so you can focus only on what's relevant right now.

You don't need a perfect plan—you just need a place to begin.

Section 1: Core Aging Resources



Older adults and caregivers rely on strong local and regional support systems for social connection, care navigation, meals, wellness programs, and benefits assistance. The following services include trusted senior centers, government-supported aging agencies, nonprofit programs, and national organizations that provide education, advocacy, and direct support for aging adults.

Local Resources

Athens Community Council on Aging (ACCA)

Phone: 706-549-4850

Website: www.accaging.org

Comprehensive senior services including Meals on Wheels, adult day health, transportation, caregiver support, and community programs.

Jackson County Senior Center

Phone: 706-367-5101

Website: jacksoncountygov.com

Social activities, nutrition programs, fitness classes, and resources for active seniors.

Barrow County Senior Center

Phone: 770-867-4257

Website: barrowga.org

Congregate meals, transportation referrals, and wellness programming.

Madison County Senior Center

Phone: 706-795-6250

Website: madisoncountyyga.us

Enrichment classes, home-delivered meals, and case management.

Greene County Senior Center

Phone: 706-453-7463

Website: greenecounty.gov

Daily meals, social programs, and senior support services.

Regional Resources

Northeast Georgia Area Agency on Aging (NEGAAA)

Phone: 1-800-474-7540

Website: agingresourcesnorthgeorgia.org Statewide aging programs including homemaker services, respite care, and benefits counseling.

Georgia Division of Aging Services (DAS)

Phone: 866-552-4464

Website: aging.georgia.gov

Elder rights, Medicaid waiver programs, APS reporting, and caregiver support.

National Resources

AARP

Phone: 888-687-2277

Website: www.aarp.org

National advocacy, education, discounts, caregiving tools, and retirement planning resources.

Eldercare Locator

Phone: 1-800-677-1116

Website: eldercare.acl.gov

Section 2: Elder Concierge & In-Home Care



In-home care and concierge support allow seniors to age comfortably, safely, and independently in their own residences. These services include personal care, housekeeping, meal preparation, transportation, companionship, and professional home health assistance.

Local Providers

Visiting Angels – Athens

Phone: 706-613-4444

Website: visitingangels.com

Non-medical in-home care, including personal care, meal prep, medication reminders, and companionship.

Comfort Keepers – Athens

Phone: 706-548-3263

Website: comfortkeepers.com

Offers senior concierge services, mobility assistance, dementia support, and in-home personal care.

Home Instead – Athens

Phone: 706-395-3351

Website: homeinstead.com

Specializes in personal care, transportation, household tasks, and caregiving for chronic conditions.

Right at Home – Gainesville/Athens Region

Phone: 678-450-6450

Website: rightathome.net

Provides homemaking, hygiene support, respite care, and individualized care planning.

Regional Providers

Georgia Living Senior Home Care

Phone: 877-442-1001

Website: galiving.com

Statewide caregiver support, chronic illness assistance, and hourly or live-in care.

PruittHealth Home Care

Phone: 866-230-6877

Website: pruithhealth.com

Licensed home health nursing, therapy, and medical support throughout Georgia.

National Providers

BrightStar Care

Phone: 866-618-7827

Website: brightstarcare.com

National home care network offering skilled nursing, dementia care, and companion services.

Visiting Nurse Associations of America

Phone: 202-384-1420

Website: vnaa.org

Supports local VNAs providing medical home health services and senior wellness programs nationwide.

Section 3: Junk Removal & Downsizing



Junk removal and downsizing services help seniors transition smoothly by providing whole-home cleanouts, donation coordination, hauling, recycling, and estate downsizing support.

Local Providers

Junk South – Athens

Phone: 706-340-0977

Website: junksouth.com

Full-service junk removal, cleanouts, recycling, and donation hauling. Serves Clarke, Oconee, Jackson, Barrow.

College HUNKS Hauling Junk – Athens

Phone: 706-850-3110

Website: collegehunks.com

Senior-friendly junk removal, moving, packing, and light labor services.

Two Men and a Truck – Athens

Phone: 706-548-6683

Website: twomenandatruck.com

Estate cleanouts, downsizing support, and donation drop-off coordination.

Regional Providers

Stand Up Guys Junk Removal – NE Georgia

Phone: 770-369-0305

Website: standupguys.biz

Large-item removal, estate downsizing, curbside pickups, and recycling.

Georgia Junk Removal

Phone: 678-771-0091

Website: georgiajunkremoval.com Metro Atlanta and NE Georgia full cleanouts, shed removal, garage clearing and estate help.

National Providers

1-800-GOT-JUNK?

Phone: 800-468-5865

Website: 1800gotjunk.com

Nationwide full-service junk removal with senior-friendly teams.

The Junkluggers

Phone: 800-584-5865

Website: junkluggers.com

Eco-friendly junk removal prioritizing donation and sustainable disposal.

Section 4: Consignment Shops



Consignment shops offer seniors an excellent way to downsize while earning value for gently used clothing, furniture, décor, and antiques. These stores accept high-quality items and often support sustainable reuse within the community.

Local Consignment Shops

America's Thrift Store – Athens

Phone: 706-354-6271

Website: americasthrift.com

Large resale and consignment location accepting clothing, décor, and household goods.

Closet Trading Co. – Athens

Phone: 706-850-1908

Website: theclosettradingcompany.com Boutique-style consignment specializing in high-end women's apparel and accessories.

Cloverleaf Consignment – Athens

Phone: 706-369-0927

Website: cloverleafconsignment.com

Furniture, décor, antiques, and estate items with rotating inventory.

Plato's Closet – Athens

Phone: 706-353-0089

Website: platoscloset.com

Trendy clothing consignment for teens to adults; good for casual downsizing needs.

Monroe Mercantile – Monroe, GA

Phone: 770-267-6100

Website: monroemercantilega.com

Furniture, décor, antiques, and home accents; senior-friendly consignment process.

Revive Consignment – Monroe, GA

Phone: 770-266-7000

Website: reviveyourhome.com

High-quality furniture and upscale décor consignment with estate pickup options

Sanders Consign and Design – Monroe, GA

Phone: 770-857-3730

Website: <https://www.facebook.com/Sandersconsign>

Consign & Design is an upscale consignment shop for fine furniture, upholstery, rugs, lamps, and other décor.

Regional Consignment Shops

Finders Keepers Consignment – Atlanta/East GA

Phone: 404-241-1933

Website: fkconsign.com

Popular multi-location consignment for clothing, furniture, and home goods.

Southern Thrift Market – Metro Georgia

Phone: 404-944-3125

Website: southernthriftmarket.com Vintage décor, estate pieces, and home furnishings sourced throughout Georgia.

National Consignment Shops

Once Upon a Child

Phone: 800-538-7785

Website: onceuponachild.com

Nationwide children's clothing and gear consignment; useful for grandparents downsizing.

Uptown Cheapskate

Phone: 801-435-4970

Website: uptowncheapskate.com

Section 5: Senior Transportation



Senior transportation services help older adults remain independent by providing reliable access to medical appointments, errands, social events, grocery shopping, and community activities.

Local Transportation Providers

Athens Community Council on Aging Transportation

Phone: 706-549-4850

Website: accaging.org

Provides seniors with door-to-door transportation for medical visits, shopping, and errands.

Jackson County Transit

Phone: 706-367-6316

Website: jacksoncountygov.com

Public curb-to-curb transit serving seniors for appointments and essential trips.

Barrow County Transit

Phone: 770-307-3025

Website: barrowga.org

Senior ride services for medical visits, groceries, and county programs.

Madison County Transit

Phone: 706-795-2180

Website: madisoncountyga.us

Affordable transportation for seniors to essential destinations.

Greene County Senior Transit

Phone: 706-453-7463

Website: greenecountyga.gov

Provides scheduled transportation to medical visits, pharmacies, and senior centers.

Regional Transportation Providers

Northeast Georgia Regional Commission Transit

Phone: 706-369-5650

Website: negrc.org

Regional routes connecting seniors with hospitals, healthcare facilities, and essential services.

Georgia Medicaid Non-Emergency Transport (NET)

Phone: 1-866-388-9844

Website: dch.georgia.gov

Provides eligible seniors with transportation to Medicaid-approved appointments.

National Transportation Providers

GoGoGrandparent

Phone: 855-464-6872

Website: gogograndparent.com

National service coordinating Uber/Lyft rides for seniors without using a smartphone.

ITN America (Independent Transportation Network)

Phone: 207-221-0047

Website: itnamerica.org

Nonprofit network offering arm-through-arm assistance and door-to-door senior rides.

SilverRide

Phone: 415-861-7433

Website: silverride.com

Senior-friendly national transportation service for medical visits, errands, and social outings.

Section 6: Pet Relocation & Placement



Pet relocation and placement services support seniors who need assistance transporting their pets during moves, medical transitions, or downsizing.

Local & Regional Pet Transport

Feathers and Fur Express – Atlanta, GA

Phone: 770-851-8759

Website: feathersandfurexpress.com Professional nationwide ground transport for dogs and cats; USDA-licensed.

The Village Pets – Decatur, GA

Phone: 404-289-0902

Website: thevillagepets.com

Pet relocation and veterinary oversight; specializes in senior pet handling.

Continental Pet Relocation – Atlanta, GA

Phone: 404-669-0300

Website: continentalpetrelocation.com

International and domestic travel arrangements, including flight coordination.

Pet Van Lines – Atlanta, GA

Website: petvanlines.com

Phone: 877-689-7387

Nationwide ground transport with climate-controlled vehicles.

ATL Pet Limo – Atlanta, GA

Phone: 404-919-0677

Website: atlpetlimo.com

VIP private ground transport for pets across Georgia and the Southeast.

Adventurous Pets – Atlanta, GA

Phone: 404-800-0338

Website: adventurouspets.com

Safe, comfortable, long-distance ground transport with constant communication.

Rescue & Rehoming Services

Golden Retriever Rescue of Atlanta (GRRR)

Phone: 404-815-6680

Website: grra.com

Rescue and placement support for Golden Retrievers; rehoming assistance for senior owners.

Adopt a Golden Atlanta

Phone: 404-364-5377

Website: adoptagoldenatlanta.com

Specializes in rehoming Golden Retrievers and providing adoption support.

National Pet Relocation Providers

Air Animal Pet Movers

Phone: 800-635-3448

Website: airanimal.com

Veterinary-founded pet travel agency coordinating domestic and international moves.

Pet Relocation, LLC

Phone: 877-733-7788

Website: petrelocation.com

Handles global pet transportation with customized plans and door-to-door service.

Happy Tails Travel

Phone: 800-323-1718 MST

Website: happytailstravel.com

We Ship Your Pets by Air with Care and by Ground Safe and Sound

Section 7: Adult Day Services & Rehabilitation



Adult day services and rehabilitation programs support seniors who need daytime supervision, medical monitoring, structured activities, or recovery therapy. These programs provide a safe, engaging environment and help reduce caregiver stress while promoting independence and wellness.

Local Providers

Athens Community Council on Aging – Adult Day Health

Phone: 706-549-4850

Website: accaging.org

Jackson County Adult Day Program

Phone: 706-367-3001

Website: jacksoncountygov.com

Barrow County Senior Day Program

Phone: 770-307-3012

Website: barrowga.org

Regional Providers

St. Mary's Health Care System – Inpatient & Outpatient

Rehab

Phone: 706-389-3000

Website: stmaryshealthcaresystem.org

Piedmont Athens Regional Rehabilitation Services

Phone: 706-475-7000

Website: piedmont.org

Benchmark Physical Therapy

Phone: 706-548-2650

Website: benchmarkpt.com

Memory Care Day Programs

Hope Haven Day Support Program

Phone: 706-548-4361

Website: hopehaven.net

Arbor Terrace Adult Day Memory Care

Phone: 706-353-0400

Website: arborcompany.com

Section 8: Senior Employment & Volunteer Opportunities



Employment and volunteer programs help seniors stay active, engaged, and financially supported. These opportunities range from part-time work to structured volunteer roles across libraries, nonprofits, hospitals, and community organizations.

Local Employment & Volunteer Programs

Athens Community Council on Aging – RSVP Program

Phone: 706-549-4850

Website: accaging.org

Volunteer roles in mentorship, community support, and administrative help for seniors.

Athens-Clarke County Library

Phone: 706-613-3650

Website: athenslibrary.org

Volunteer opportunities for shelving, reading programs, tech support, and special events.

Piedmont Athens Regional Hospital Volunteers

Phone: 706-475-3400

Website: piedmont.org

Offers volunteer roles assisting patients, staff, and hospital visitor services.

University of Georgia – Continuing Education

Phone: 706-542-3537

Website: gace.uga.edu

Part-time campus employment and lifelong learning opportunities for older adults.

Regional Programs

Georgia SCSEP (Senior Community Service Employment Program)

Phone: 404-232-3500

Website: dol.georgia.gov

Paid part-time training positions for seniors seeking employment.

Hands On Northeast Georgia

Phone: 706-316-7282

Website: handsonnortheastgeorgia.org

Volunteer matching service connecting seniors with nonprofits throughout the region.

National Opportunities

AARP Foundation SCSEP

Phone: 877-926-8300

Website: aarp.org

Provides paid job training and community service roles for seniors 55+.

AmeriCorps Seniors

Phone: 800-942-2677

Website: americorps.gov/seniors Includes

RSVP, Foster Grandparents, and Senior Companions volunteer programs nationwide.

Retired & Senior Volunteer Program (RSVP)

Phone: 800-942-2677

Website: americorps.gov

Connects seniors with volunteer roles at schools, shelters

Section 9: Home Medical Equipment: Setup, Rental, and Purchase



Home medical equipment services provide seniors with essential tools for safety, mobility, and health management. These vendors offer setup, delivery, rental, repairs, and equipment purchases to support aging in place.

Local Home Medical Equipment Vendors

Numotion – Athens Region

Phone: 800-500-9150

Website: numotion.com

Mobility equipment including wheelchairs, walkers, lift systems, and custom mobility devices.

Athens Orthopedic Clinic Medical Supply

Phone: 706-549-1663

Website: athensorthopedicclinic.com Home health supplies, braces, supports, and medical equipment for aging adults.

Medical Rentals of Athens

Phone: 706-548-7252

Website: medicalrentalsofathens.com

Local provider of hospital beds, mobility scooters, CPAPs, oxygen, and safety equipment with home delivery.

Regional Vendors

Home Medical Equipment of Georgia

Phone: 888-879-6266

Website: hmeofga.com

Statewide provider of durable medical equipment, oxygen services, and in-home setup.

Apria Healthcare – Georgia

Phone: 888-492-7742

Website: apria.com

Respiratory equipment, sleep therapy devices, and delivery/setup throughout Georgia.

National Vendors

Lincare

Phone: 800-284-2006

Website: lincare.com

National respiratory therapy and durable medical equipment provider with home delivery.

Rotech Healthcare

Phone: 877-248-6423

Website: rotech.com

Oxygen, ventilators, CPAPs, mobility devices, and home service programs.

Medline Home Equipment

Phone: 800-633-5463

Website: medline.com

Section 10: Utility & Bill Payment Assistance



Utility and bill-payment assistance programs help seniors manage essential expenses such as electricity, gas, water, phone, and internet services. These programs also support individuals experiencing financial hardship by providing grants, discounts, and emergency relief.

Local Assistance Programs

Athens-Clarke County Project SHARE

Phone: 706-613-3640

Website: accgov.com

Emergency financial assistance for utility bills, administered through local service agencies.

Jackson County Community Resource Assistance

Phone: 706-367-3704

Website: jacksoncountygov.com

Provides limited utility and rental assistance for seniors and low-income households.

Barrow County Family Connections

Phone: 770-867-1679

Website: barrowfamilyconnection.com Helps connect residents to utility relief programs and emergency financial resources.

Madison County DFCS Assistance

Phone: 706-795-2128

Website: dfcs.georgia.gov

Supports eligible seniors with utility aid through statewide emergency programs.

Regional Assistance Programs

Georgia LIHEAP (Low-Income Home Energy Assistance Program)

Phone: 877-423-4746

Website: dfcs.georgia.gov/energyassistance

Provides heating and cooling bill assistance for eligible seniors across Georgia.

Salvation Army Energy Assistance – NE Georgia

Phone: 706-543-5350

Website: salvationarmyusa.org

Offers emergency utility payments and crisis bill support for families and seniors.

National Assistance Programs

Lifeline Telephone & Broadband Assistance

Phone: 800-234-9473

Website: lifelinesupport.org

Federal discount program reducing phone or internet costs for low-income seniors.

Federal Emergency Rental & Utility Assistance Program

Phone: 800-569-4287

Website: consumerfinance.gov

Helps households experiencing financial hardship with rent and utility payments.

Section 11: Senior Financial Planning & Money Management



Financial planning and money management services help seniors protect their income, stretch retirement savings, avoid scams, and make informed decisions about healthcare, long-term care, and housing. These programs support budgeting, benefits navigation, investment guidance, and financial well-being.

Local & Regional Financial Planning Resources

Georgia United Credit Union – Senior Financial Counseling

Phone: 888-493-4328

Website: gucu.org

Provides budgeting tools, debt counseling, savings programs, and one-on-one coaching.

Georgia Legal Services Program – Economic Security Unit

Phone: 706-227-5362

Website: glsp.org

Helps seniors understand benefits eligibility, prevent financial exploitation.

Athens Community Council on Aging – Benefits Assistance

Phone: 706-549-4850

Website: accaging.org

Assists seniors with SSI, SSDI, MSP, SNAP, benefits, and cost-reduction programs.

UGA Extension – Financial & Retirement Income Classes

Phone: 706-542-8999

Website: extension.uga.edu Offers workshops on budgeting, fixed income strategies, and fraud prevention.

Section 12: Elder Law & Legal Assistance



Elder law attorneys and legal aid programs help seniors navigate wills, trusts, advance directives, Medicaid/Medicare issues, estate planning, guardianship, fraud prevention, and long-term care contracts. These services ensure seniors and families can make informed, secure decisions about health, finances, and future needs. Local Elder Law Attorneys & Legal Support

Local & Regional Financial Planning Resources

Wepfer & Associates – Elder Law & Estate Planning
Phone: 706-543-5750

Website: wepferlaw.com

Provides wills, trusts, Medicaid planning, powers of attorney, and long-term care strategy for seniors and caregivers.

Kimbrough Law – Elder Law, Life Care Planning & VA Benefits

Phone: 706-850-6910

Website: kimbroughlaw.net

Specializes in life care planning, asset protection, veterans benefits, Medicaid eligibility, and crisis planning.

Blasingame, Burch, Garrard & Ashley – Estate Planning & Probate

Phone: 706-354-4000

Website: bbga.com

Offers estate planning, probate guidance, trust administration, and incapacity planning for aging adults.

Georgia Legal Services Program – Athens Office

Phone: 706-227-5362

Website: glsp.org

Provides free civil legal assistance to eligible seniors, including housing rights, benefits issues, and elder abuse support.

Regional Elder Law & Senior Legal Advocacy

Georgia ElderCare Consultants – North Georgia Region

Phone: 770-626-4225

Website: gaeldercare.org

Assists seniors with Medicaid planning, long-term care navigation, and family decision-making support.

Northeast Georgia Conflict Resolution Center

Phone: 770-535-6909

Website: negrc.org

Provides mediation for family decisions involving senior care, guardianship, and financial responsibility.

Ageing & Disability Resource Connection (ADRC)

Phone: 866-552-4464

Website: aging.georgia.gov

Offers statewide guidance on elder rights, nursing home advocacy, and benefits navigation.

National Elder Law Resources

National Academy of Elder Law Attorneys (NAELA)

Phone: 703-942-5711

Website: naela.org

Directory of certified elder law attorneys and educational resources for seniors and families.

National Consumer Law Center – Elder Rights Initiative

Phone: 617-542-8010

Website: nclc.org

Provides consumer protection information, fraud prevention guidance, and elder financial rights resources.

Medicare Rights Center

Phone: 800-333-4114

Website: medicarerights.org

Nation

Section 13: Senior Social Connections & Dating



Maintaining strong social connections is essential for emotional well-being, confidence, and overall quality of life. Many adults over 55 seek new friendships, meaningful relationships, or romantic connections as they enter new life stages. These options range from local social groups and activity clubs to dedicated dating platforms designed specifically for older adults.

Local Social Connection Opportunities

Athens Community Council on Aging – Social Programs

Phone: 706-549-4850

Website: accaging.org

Provides group outings, social hours, game days, interest clubs, and wellness activities that foster natural friendships and connections among older adults.

UGA's Osher Lifelong Learning Institute (OLLI) – Clubs & Activities

Phone: 706-542-7715

Website: olli.uga.edu

Offers social groups, travel clubs, dining gatherings, and learning programs where seniors can meet peers with shared interests.

Local Senior Centers (Clarke, Jackson, Barrow, Madison & Greene Counties)

Offer social lunches, dances, exercise classes, crafts, and monthly events that create opportunities for both friendship and organic romantic connections.

National Dating Platforms for Adults 55+

OurTime

Website: ourtime.com

User-friendly dating platform designed specifically for adults over 50 seeking companionship, friendship, or romance.

SilverSingles

Website: silversingles.com

Structured dating service for seniors, featuring guided matching tools based on personal preferences.

Match.com – 50+ Community

Website: match.com

Large, well-known dating platform with flexible filters and a strong 55+ membership base.

eHarmony – Senior Matchmaking

Website: eharmony.com

Offers personality-based matching that appeals to older adults seeking long-term relationships.

Professional Senior Matchmaking Services

Lumen Senior Dating Concierge

Website: lumendating.com

A guided matchmaking service for adults over 55, offering private screening and personalized introductions.

Selective Search – 50+ Matchmaking Division

Website: selectivesearch.com

High-end matchmaking with a dedicated team specializing in senior introductions.

Social Companionship (Non-Dating Focus)

Papa Pals – Social Support Visits

Website: papa.com

Offers friendly, vetted helpers known as “Papa Pals” who provide conversation, outings, and social engagement.

ElderFriends (National Program)

Website: fullifecare.org

Volunteer-based companionship calls and visits to reduce isolation and foster community connection.

Safe Dating Tips for Older Adults

- Meet in well-lit, public places for first interactions.
- Notify a friend or family member of meeting plans.
- Keep financial and personal information private.–
Use platforms with strong safety protocols and reporting systems.
- Consider a video call before meeting in person.
- Trust your instincts and set healthy boundaries.

Community Evaluation Checklist

Includes items that address planning considerations for age-qualified and senior-focused communities, including lifestyle and amenities.

Community & Lifestyle Fit

- _____ Age-restricted (55+) or age-targeted?
- _____ Social environment & activity level appropriate?
- _____ Walkability & neighborhood condition acceptable?
- _____ Pet policies appropriate?
- _____ Visited community at different times of day?

Comments:

Home Features & Layout

- _____ Single-level living (no steps to main areas)
- _____ Zero-step entry
- _____ Wide doorways and hallways
- _____ Accessible bathroom layout
- _____ Walk-in shower available?
- _____ Exterior modifications allowed by HOA?
- _____ Lot size appropriate and manageable

Comments:

Location & Convenience

- _____ Close to grocery stores
- _____ Proximity to hospitals and urgent care
- _____ Pharmacy nearby
- _____ Nearby parks, walking trails, or fitness centers
- _____ Drive time to friends and family acceptable
- _____ Nearby senior centers

Comments:

Amenities & Activities

- _____ Clubhouse or activity center
- _____ Fitness center, pool, walking paths
- _____ Clubs and hobby groups available
- _____ Regular community events
- _____ Volunteer opportunities present

Comments:

HOA & Covenants Review

- _____ HOA fee amount and billing schedule understood
- _____ What services the fees include
- _____ Fencing rules acceptable
- _____ Exterior structure rules clear (sheds, etc.)
- _____ Parking/vehicle restrictions acceptable
- _____ Rental or Airbnb rules understood
- _____ Architectural review process clear

Comments:

Financial Planning

- _____ Property taxes and available exemptions reviewed
- _____ Utility cost estimates acceptable
- _____ Insurance requirements understood
- _____ Long-term affordability confirmed
- _____ Closing costs @ moving expenses estimated

Comments:

Medical & Support Resources

- _____ Nearby primary care providers
- _____ Access to specialists needed
- _____ Home health agencies nearby
- _____ Nearby pharmacies and labs
- _____ Senior resource agencies accessible

Comments:

Downsizing & Moving Preparation

- _____ Home inventory completed
- _____ Junk removal or downsizing services contacted
- _____ Movers hired
- _____ Pet transportation arranged
- _____ Mail forwarding prepared

Comments:

Pre-Move Logistics

- _____ Closing finalized
- _____ Utilities transferred
- _____ Voter registration updated
- _____ Moving day checklist prepared

Comments:

Move-In & Community Orientation

- _____ Introduced to neighbors
- _____ Reviewed activity calendar
- _____ Attended first community event
- _____ Amenities and warranties confirmed

Comments:

Lifelong Living Resource Library

Free guides and resources to help with planning ahead, housing decisions, downsizing, moving, and community comparisons.

Deciding What Comes Next

- **Staying vs. Moving**

Compare both options without pressure or assumptions.

- **When Is It Time to Move?**

Recognize common signs that your housing needs may be changing.

- **Thinking Ahead About Affordability and Flexibility**

Consider future housing costs before they become urgent.

Simplifying and Adapting

- **Downsizing Without Regret**

Approach downsizing thoughtfully and at your own pace.

- **Decluttering, Consignment, and Letting Go**

Practical ideas for simplifying without feeling overwhelmed.

- **Smart Home Technology for Lifelong Living**

Simple technology that can support comfort, convenience, and safety.

Planning the Move

- **Planning a Move Without Stress**

Break a major transition into manageable steps.

- **Selling a Long-Time Home**

What to expect when leaving a home filled with memories.

- **Preparing Your Home for Sale**

Focus on improvements that matter most to buyers.

Community & Housing Resources

- **55+ Community Guides**

Compare communities using practical factors such as home types, HOA fees and services, convenience, maintenance, and long-term livability.

- **Senior Community Evaluation Checklist**

A practical framework for comparing communities

Explore the Lifelong Living Resource Library

- Lifelong Living Guides

- Community Guides

- Senior Services Guide

- Planning Resources

No registration required. Free to view and download.



Disclaimer

This guide was prepared in 2025–2026 using a combination of artificial intelligence tools and publicly available information. Services, organizations, programs, contact information, pricing, and availability may change over time.

Inclusion of a service, organization, or provider does not constitute a recommendation or endorsement. This guide is provided for general informational purposes only.

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