

Why Moves Feel Overwhelming

- Too many decisions at once
- Unclear where to start
- Emotional attachment to the home
- Fear of making the wrong choice
- Trying to do everything at the same time

Most stress doesn't come from the move itself—it comes from trying to solve everything at once.

Keeping the Process Manageable

A move is a series of steps—not one big event.

Taking it one piece at a time, with a clear plan, makes it far more manageable.

Tom Sharp REALTOR®

Helping people make thoughtful, lifelong real estate decisions — with clarity and confidence.



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Additional Support Services

If you find yourself needing help along the way—whether with downsizing, in-home support, or local resources—a full **Senior Services Guide** is available.



— Lifelong Living Series —

Planning a Move Without Stress



A move doesn't have to feel rushed or overwhelming.

With the right approach, it can be thoughtful, steady, and manageable.



Getting Organized Early

Getting organized early isn't about doing everything—it's about knowing what's coming next.

- Decide how you plan to move:
 - Full-service movers
 - Partial help
 - Family / DIY
- Get 2–3 estimates early
- Ask what's included (packing, materials, insurance)
- Understand timing availability

Starting early doesn't mean rushing—it simply gives you more room to make good decisions.



Preparing Your Home and Belongings

- Start sorting early (don't rush it)
- Separate:
 - Keep
 - Donate / sell
 - Discard
- Focus on high-impact areas first (storage, closets, garage)

Set aside essential items you'll need right away after the move (medications, documents, daily basics).

Progress happens one area at a time—there's no need to do everything all at once.



Managing the Timeline

- Avoid stacking everything in the same week
- Leave buffer time between:
 - preparing the home
 - listing/selling
 - moving
- Confirm key dates early:
 - movers
 - closing
 - utility transfers
- Keep a simple written timeline (even a basic list helps)

A simple timeline—written down—can make the entire process feel far more manageable.